

COVID_{IN THE} HOUSE OF OLD



How did I manage the isolation?

I was lucky as were a number of us at Christie, since we belonged to Living and Learning in Retirement, (LLIR), a volunteer organization that met at Glendon College. They arranged for designated lectures to be sent to your computer every Friday morning. LLIR was very generous in allowing each member to receive all four lectures, each of which was an hour long or more with the opportunity to ask questions of the professor by email.

If one receives four different topics of an hour or so long for 10 weeks, it certainly gives one something to think about other than oneself. The other advantage we had was to meet once a week over zoom to discuss what we had heard. Keeping one's mind occupied on subjects outside of our apartment was so liberating and exciting. We each had the decision to listen when we wanted to, not at some appointed hour. I listened when I was eager to hear with as clear a mind as I could muster.

RESIDENT, TORONTO, October 5, 2023 – Story 3

STORIES FROM A NATIONAL HUMANITARIAN CRISIS